

Practice Sheet (5th Grade)

Practice Categories	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
1. <u>Warm-Up</u> (2-5 minutes)							
Minutes							
2. <u>Technique</u> (5 minutes)							
Minutes							
3. <u>Music Improvement</u> (5-15 minutes)							
Minutes							
4. <u>Playing for Fun</u> (5-10 minutes)							
Minutes							
5. <u>Performance</u>							
Total Minutes							

Total Minutes Practiced _____ **Parent/Guardian Signature** _____ **Date** _____

*Student forgeries will result in a zero and detention

Instructions:

- On the days that you practice, write what you did for each practice category (choose from the options below). Categories 1 & 3 are required; the others are optional.
- Provide the number of minutes you spent on each category, then give your total practice minutes for that day
- Add up your minutes and provide the total minutes practiced for the week (minimum 100 min. required)
- Have a parent/guardian sign your practice sheet and turn it in on Friday each week.

1. <u>Warm-up Choices:</u> Lip Buzzing Mouthpiece Long Tones Known Scales Other (Explain)	2. <u>Technique Choices:</u> New Scales Lip Slurs Intervals Book Technique Exercises Rudiments (percussion) Other (Explain)	3. <u>Music Improvement Choices:</u> Book Assignment (given by Ms. Y) Book Song (chosen) Concert Music Other (Explain)	4. <u>Playing for Fun:</u> Alternative music books (i.e. Disney, Star Wars, Pop, etc.) Create your own song Figure out a song on the radio Other (Explain)
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Excellent Musicians Set Goals for Practice

Did you meet last week's goal? Explain

What would you like to accomplish this week?